

## RECESS AND LUNCHTIME DAILY

Jelly Cups	\$1.00
Chocolate Yogo	\$2.00
Bottled Water	\$1.50
Choc or Straw Chill	\$2.20
Assorted Juice Boxes	\$1.50
Juice Bomb	\$2.20
Sippah straw with milk	\$1.70
Sml 225ml carton Milk	\$1.20
Seasonal Fruit Salad	\$3.00

## RECESS SPECIALS

Chicken Nuggets	.50c
Hash Browns	.50c
Muffins/Pikelets	.50c
COOKIES	.50c
Cheesy	\$1.00
Homemade Pizza	\$1.00

3-4 of the above items will be available each day, variety will change depending on parent help on the day

Remember how special you felt when YOUR mum was on duty at the school canteen?

Don't let your kids miss out on the memories. Download a canteen volunteer form today.



# THE OLA CANTEEN

## WINTER MENU 2017

### TERM 2 and 3

OPEN

MONDAY and THURSDAY



Volunteers help keep canteen costs down and our prices low.

How can you help our canteen?

Please come in and put your name on the roster!

COME AND SPEND SOME TIME WITH ME !!

*One of our Core Values*

**RESPECT**

We show **respect** when we treat ourselves and others with fairness and dignity and care for our world.

Canteen Manager: Mrs Rosie Samuels

Canteen: 9471 3020

Our Lady's Assumption School

43 Chester Avenue

Dianella, WA,

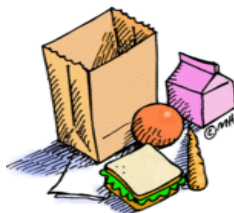
	<u>Sandwiches</u>	<u>Rolls</u>	<u>Wraps</u>
Ham/ Tuna/Chicken/Cheese	\$2.50	\$3.00	\$3.00
Egg – plain or curried	\$2.50	\$3.00	\$3.00
Salad	\$2.00	\$2.50	\$2.50
Vegetemite	\$1.50	\$2.00	\$2.00

### EXTRAS

Salad	.50
(lettuce, tomato, cucumber, carrot)	
Avocado	.70
Toasted	.50
Cheese	.50
Egg	.50

All bread used in the canteen is wholemeal.

White bread and **Gluten free** available on request.



### SALAD PLATES

- Plain salad \$3.00
- Ham and salad \$4.00
- Tuna and salad \$4.00
- Egg/Cheese and salad \$4.00

Salad: lettuce, tomato, carrot, cucumber, served with bread and butter, fork and serviette.

### MONDAY ONLY

- PIZZA SINGLE cheese/bacon \$2.50
- LASAGNE \$4.00
- SPAGHETTI BOLOGNAISE \$4.00
- MACARONI CHEESE \$4.00
- FRIED RICE \$4.00 **GF**
- ARANCINI (CHEESE RICE BALLS) \$1.50 each
- 3 ARANCINI \$4.00
- CHICKEN SUSHI \$4.00 **GF**
- TUNA SUSHI \$4.00 **GF**
- CHICKEN NOODLE CUP \$2.50 **(GF OPT AVAIL)**
- 2 MINI STAND AND STUFF TACO BOATS \$4.00  
(taco mince, lettuce, cheese, salsa, sour cream)

### THURSDAY ONLY



- PIZZA SINGLE cheese/bacon \$2.50
- LASAGNE \$4.00
- SPAGHETTI BOLOGNAISE \$4.00
- MACARONI CHEESE \$4.00
- FRIED RICE \$4.00 **GF**
- ARANCINI (CHEESE RICE BALLS) \$1.50 each
- 3 ARANCINI \$4.00
- **GLUTEN FREE** MACARONI CHEESE \$4.50
- **GLUTEN FREE** LASAGNE \$4.50
- HOTDOG with sauce \$3.00
- SAUSAGE ROLL \$2.70
- BEEF PIE \$3.30
- SAUCE PORTION .30
- CHICKEN NOODLE CUP \$2.50 **(GF OPT AVAIL)**
- ROAST BEEF AND GRAVY ROLL \$4.50

### AFTER LUNCH SALES

- Paddle Pop variety of flavours \$1.50
- Quelch Icy Fruit Sticks .50c
- Lemonade/Raspberry Icy poles \$1.00
- Ice-cream cups \$1.00 **GF**
- Lifesavers \$2.00
- Vege Chips \$1.20 **GF**
- Grain waves \$1.20
- Snaps \$1.20 **GF**