



**CENTRE CARE**  
"People Making Time for People"

# Building Bridges

Co-Parenting after Separation workshop  
at Centrecare, 45 Yelverton Drive, Midland 6056.

## 3 hour Education Program for Separated Parents

- Learn ways to look after yourself during the separation process
- Understand the effects of family separation on children
- Understand the impact of parental conflict on children
- Improve communication with the other parent



### DATES FOR 2021 (10AM - 1PM)

18 January  
8 February  
22 March  
12 April

3 May  
24 May  
14 June



REGISTRATION IS ESSENTIAL

To register, please contact  
Centrecare Midland  
Tel: 9436 0600

[www.centrecare.com.au](http://www.centrecare.com.au)